



Prior Authorization Form

Please Fax To (952)853-8712 For Questions Call (888) 467-0774

Rehabilitative Physical and Occupational Therapy

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Member and Provider information | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Member Name: | Provider Name: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Member ID # | Provider Tax ID #: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DOB: | Provider Phone #: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ICD9 or ICD10: Diagnosis: | Provider Fax #: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Date of injury / Surgery: | Therapist Name: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Member Services Information: (888) 324-2064 Date Called _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Benefit limit <input type="checkbox"/> NO <input type="checkbox"/> YES # _____ # of visits to date this year _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Prescribing Practitioner Information- include prescription or order | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Referring Practitioner: | Referring Practitioner Phone #: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Referring Practitioner Fax #: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Visit information (please use a separate form for each therapy) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Type of therapy <input type="checkbox"/> PT(includes pool therapy) <input type="checkbox"/> OT <input type="checkbox"/> Athletic Trainer | Start of Care or Eval Date: _____ Estimated Discharge date: _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| # of visits done this year _____ | # of visits requested _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Current functional status information | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 = no difficulty 2 = minimal difficulty 3 = moderate difficulty/or with assistance 4 = severe difficulty/only with assistance 5 = unable to perform | Pain Intensity: (0/10-10/10) _____ ROM: _____ Strength: _____ Alignment: _____ Ambulatory Status/Balance: _____ Sensory/Reflexes: _____ Additional Information: _____ _____ _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table style="width:100%; border-collapse: collapse;"> <tr> <td>Bed mobility</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Transfers</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Gait/walking</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Stairs</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Bathing</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Shampooing</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Eating/ cut food</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Dressing</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Button shirt</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Tie shoes</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr> <td>Toileting</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> </table> | Bed mobility | 1 | 2 | 3 | 4 | 5 | Transfers | 1 | 2 | 3 | 4 | 5 | Gait/walking | 1 | 2 | 3 | 4 | 5 | Stairs | 1 | 2 | 3 | 4 | 5 | Bathing | 1 | 2 | 3 | 4 | 5 | Shampooing | 1 | 2 | 3 | 4 | 5 | Eating/ cut food | 1 | 2 | 3 | 4 | 5 | Dressing | 1 | 2 | 3 | 4 | 5 | Button shirt | 1 | 2 | 3 | 4 | 5 | Tie shoes | 1 | 2 | 3 | 4 | 5 | Toileting | 1 | 2 | 3 | 4 | 5 | |
| Bed mobility | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Transfers | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gait/walking | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Stairs | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bathing | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Shampooing | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Eating/ cut food | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dressing | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Button shirt | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tie shoes | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Toileting | 1 | 2 | 3 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| GOALS: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Initial / previous functional status | ADL related goals |
|---|-------------------|
| Pain Intensity: (0/10-10/10) _____ ROM: _____ Strength: _____ Alignment: _____ Ambulatory Status/Balance: _____ Sensory/Reflexes: _____ Other _____ | |

Prior Authorization Guide

Thank you for serving a CoOpportunity Health member in your clinic!

Here are some things that you may find helpful in working with members who have CoOpportunity Health insurance coverage.

- Therapy visits are counted on a calendar year. The start of the calendar year is January 1st.
- All OT visits billed without the modifier 'GO' will be counted toward Physical therapy limits. Prior authorization is needed for the 21st visits and beyond for PT and OT services.
- Athletic trainer and Pool therapy are counted as a modality under physical therapy.

Getting Started

The Provider must follow the steps 1 and 2 listed below for CoOpportunity Health members prior to providing care. Providers must obtain prior authorization for the 21st visit and beyond regardless of the payer (i.e. workmen comp, auto etc). Faxed and or verbal requests for authorization for PT/OT will be forwarded to the medical policy coordinator who is assigned to your clinic. Please follow the 3 simple steps.

3 Simple Steps

1. Contact Member Services for benefit information. 888-324-2064
2. Contact Claim Customer Services for number of visits received this calendar year. 952/883-7755
3. Fax in Prior Authorization Form for the 21st visit and beyond. 952/853-8712

NOTE: If another provider has provided therapy and has not billed at the time you make you phone call to Claims Customer Service, the count may be inaccurate. In this situation, CoOpportunity Health will honor the count that was given on the date of the call. Please document your call on the new Fax authorization form.



KEY PHONE NUMBERS FOR OUTPATIENT REHABILITATIVE SERVICES

| QUESTIONS | DEPARTMENT | PHONE NUMBER |
|--|----------------------------|---------------------|
| Benefit information | Member services | 888-324-2064 |
| Number visits that have been done prior to this episode of care. | Claims Customer Service | 952/883-7755 |
| To fax in Prior Authorization Form | Medical Policy fax line | 952/853-8712 |
| To speak to Medical Policy about your request | Medical Policy Triage line | 888-467-0774 |